



Unsubscribe from Technology & Practice Management Section ListServ

To stop receiving emails from your section's ListServ, select the "Opt out of all emails" button under your settings.

The screenshot shows a web interface for the Idaho State Bar community. At the top, there is a search bar labeled "Search Community" with a magnifying glass icon. To the right of the search bar are icons for a speech bubble and a user profile. Below the search bar, there is a sidebar with "Settings" and two options: "Notifications" (with a bell icon) and "Privacy" (with a lock icon). The main content area is titled "Notifications" and contains the text "Choose how often you receive emails from the community." Below this text is a toggle switch labeled "Opt out of all emails", which is currently turned off. Further down, there is a section titled "Groups" with a table of email frequency settings. The table has three rows: "General (Must Join)" with a dropdown set to "Daily", "10th District Association Society" with a dropdown set to "Off", and "Nick Mulvoy Group" with a dropdown set to "Realtime".

Groups	
General (Must Join)	Daily
10th District Association Society	Off
Nick Mulvoy Group	Realtime

If you do not wish to participate in the ListServ, you may also unsubscribe by contacting [Colleen Austin](#)