

Who to Call

For assistance or to make a referral please contact:

John Southworth, CADC, NCAC, ICAADC, CIP
Program Coordinator

Southworth Associates
5530 W. Emerald
Boise, Idaho 83706
(208) 891-4726 cell
(866) 460-9014 toll free
(208) 323-9222 fax

Southworth.associates@gmail.com
www.southworthassociates.net

About John Southworth...

Through his personal battle with addiction John Southworth has learned that there is no cure for the disease, and that it can be fatal, if the appropriate education and steps to recovery are not taken. This knowledge is the driving force behind John's motivation to educate others about addiction, and it also plays a major role in John's continued sobriety of over 30 years. He has had both personal and professional experiences in the field of substance abuse and mental health for more than 40 years.

Special thanks to the Attorney Liability Protection Society (ALPS) for providing a grant to support the program



Scan for more information regarding the Idaho Lawyers Assistance Program.

LAP Committee Members are also available in your area for a confidential, anonymous consultation or referral:

Jamie C. Shropshire, Chair – Boise
(208) 305-2344

Kevin S. Borger – Boise
(208) 608-7950 / Cell: (208) 440-4754

Ronald D. Christian – Caldwell
(208) 455-5999

Hon. Gregory M. Culet – Nampa
(208) 454-7375

Yvonne A. Dunbar – Boise
(208) 344-5800

James P. Hannon – Coeur d'Alene
(208) 676-8776 / Cell: (208) 818-1792

Jeremiah M. Hudson – Boise
(208) 345-7000

Thomas B. Humphrey – Boise
(208) 830-4319

Hon. Robert L. Jackson – Payette
(208) 642-6019

Matthew L. Kinghorn – Pocatello
(208) 478-2046

Dylan B. Lawrence – Boise
(208) 907-1529

Susan D. Powell Mauk – Boise
(208) 344-5457

Paul D. McFarlane – Boise
(208) 342-1948

Hon. Daniel B. Meehl – Twin Falls
(208) 733-8310

Hon. Victoria A. Olds – Nez Perce
(208) 937-2251

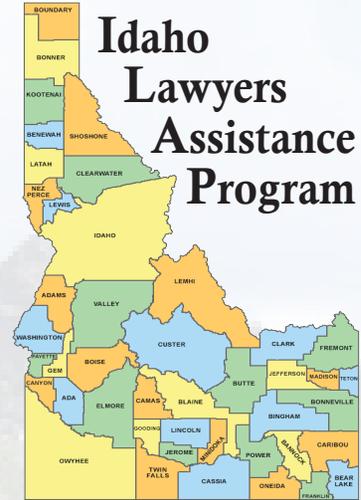
Andrea Patterson – Boise
(208) 947-7437

Joseph N. Pirtle – Boise
(208) 343-5454

Julie Stomper – Idaho Falls
(208) 557-5211

Thomas M. Vasseur – Coeur d'Alene
(208) 664-4457 / Cell: (208) 819-1100

Carter Winters – Emmett
(208) 365-4548 / Cell: (208) 890-2609



Help and Support for Addictive Behaviors and Mental Illnesses
(208) 891-4726

National Helpline for Judges Helping Judges:
(call during business hours, Central time)

1-800-219-6474

24-Hour Hotline:
(866) 460-9014

Absolutely 100% Confidential

Substance Abuse and Mental Health Issues in the Legal Profession

Alcoholism, drug addiction, and mental health problems are treatable illnesses that affect a great number of professionals, including lawyers and judges. Reports now estimate that while 10% of the general population has problems with alcohol abuse, 15-18% of the legal profession battles the same problem. Since many lawyers and judges tend to be overachievers who carry an enormous workload, the inclination to “escape” through the use of drugs and alcohol is prevalent in the legal community. These daily pressures can lead to inordinate amounts of stress and mental illness. Recent national reports have shown that a majority of disciplinary problems involve chemical dependency or emotional stress. The effects can be devastating - both to the individual and to those around them. Fortunately, there is help.

About the Program

The mission of the Idaho Lawyers Assistance Program (LAP) is to provide support for lawyers who are experiencing problems associated with substance abuse and/or mental health issues in a safe manner, preserving the reputation and trust of the attorney. **All information is 100% confidential and will not be reported to the Idaho State Bar.**

The program also focuses on educating legal professionals and their family and friends about the causes, effects and treatment of alcohol and drug dependency, depression, and other mental health problems. Judges and attorneys volunteer their time to assist lawyers who suffer with these issues through the appropriate resources.

When calling the 24/7 confidential phone line, you will receive...

-  Guidance for lawyers in need of assistance or referral sources
-  Information relating to alcohol/drug education, mental health treatment, interventions, monitoring, and/or family support
-  Guidance for re-entering the workplace
-  Assistance in finding lawyers who volunteer time as a temporary replacement for those lawyers entering a treatment program
-  Recommendations for appropriate treatment centers

All Services are 100% Confidential

You are not alone - if you are concerned about ...

-  Your own use of alcohol or other drugs
-  The use of alcohol or drugs by a partner or associate
-  A fellow attorney or judge who you see is affected by the use of alcohol or other drugs
-  You or a fellow attorney's inability to handle matters due to depression or other forms of mental illness

... Contact the LAP for assistance.

Ask Yourself the CAGE Questions

- Have you ever felt the need to **cut down** on your drinking (or drug use)?
- Have you ever been **annoyed** by criticism of your drinking (or drug use)?
- Have you ever felt **guilty** about your drinking (or drug use)?
- Have you ever had a morning **eye-opener** (used drugs/alcohol first thing in the morning to get started or to relieve withdrawal)?

LAP Works - Hear What Others Had to Say ...

“The Lawyers Assistance Program provided me the opportunity and resources I needed to get my career back on track. More importantly, it made me accountable, something that was critical in my early days of recovery.” - Anonymous

“I was referred to John Southworth and the Idaho Lawyers Assistance Program and found other attorneys that were experiencing the same problems of substance abuse and depression. The Lawyers Assistance Program helped me realize that I was not alone and provided a confidential route to address my issues which has made me a better person and attorney.” - Anonymous