

IDAHO DEPARTMENT OF HEALTH AND WELFARE
CHILD AND FAMILY SERVICES
INDEPENDENT LIVING PLAN

Plan For: Napoleon Dynamite
Plan ID: 1025500
Plan Start Date: 1/22/2021
Plan Renewal Date: 1/1/0001
Legal Case No.:

INDEPENDENT LIVING PLAN GOAL

Napoleon will increase and/or develop new skills to help him be more self-sufficient.

DOMAINS AND ACTION ITEMS

Domain 1: Cultural and Personal Identity Formation

Service Goal: Napoleon will increase his understanding of cultural and personal identity.

Action Item 1A: Napoleon will talk with his grandmother about his childhood and understand more about his family history. This information will help him close the gap of why he lives with his grandmother and not his parents.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will assist Napoleon with these conversations by facilitating meetings with his grandmother and other relatives. As needed, the Department will refer the family to counseling services.

Action Item 1B: Napoleon would like to further develop his sign language skills. He would like to participate in a sign language competition being held this summer.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will support Napoleon in achieving this goal by providing payment for sign language classes. The Department will also assist Napoleon in attending the competition this summer.

Domain 2: Education

Service Goal: Napoleon will complete graduate from high school in May and would like to attend BYU-Idaho this Fall.

Action Item 2A: Napoleon will attend school daily, complete his homework on time, and will maintain a GPA of 3.0 or higher.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will support Napoleon in achieving his high school diploma through encouragement, problem solving (when needed), and tutoring support (when needed).

Action Item 2B: Napoleon will apply for colleges, including BYU-Idaho, and complete financial aid paperwork in preparation for college Fall 2021.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will assist Napoleon with completing college applications, including completing FASFA paperwork. The Department will also assist Napoleon with completing an ETV application.

Action Item 2C: Napoleon will submit his ETV application by August 1, 2021.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will assist Napoleon with completing this application, including locating scholarships to apply for, reviewing of his essay, and getting his application together.

Domain 3: Employment

Service Goal: Napoleon would like to be financially self-sufficient and does not want to rely on the Tupperware industry.

Action Item 3A: Napoleon will submit 1-3 employment applications per week until he obtains employment.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will provide Napoleon with gas vouchers to support his employment search.

Action Item 3B: Napoleon will complete a resume.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will assist Napoleon in completing his resume by providing templates and feedback. The Department will also refer Napoleon to services through the Department of Labor specific for young people searching for employment and wanting job skills.

Domain 4: Housing

Service Goal: Napoleon currently lives with his grandmother. He would eventually like to live on his own or in the dorms.

Action Item 4A: Napoleon will research housing options at BYU-Idaho and other universities to better understand the responsibilities of living on your own (or with roommates).

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will discuss budgeting with Napoleon, including average costs of utilities, rent, etc. The Department will assist Napoleon with room and board payments as applicable and available.

Action Item 4B: Napoleon will begin a list of items he will need to live on his own (such as bedding, dishes, etc.).

- i. Youth Responsibility: Napoleon Dynamite

- ii. Departmental Responsibility: The Department will assist Napoleon with obtaining needed items that will help him be successful in his own apartment or dorm.

Domain 5: Life Skills

Service Goal: Napoleon will increase his life skills, including communication with others.

Action Item 5A: Napoleon will attend counseling to work on better ways to express himself, especially when he's frustrated.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will refer Napoleon to counseling services and will communicate with the provider to assess progress. The Department will also assess progress through at least monthly face-to-face contact with Napoleon, providing feedback as needed.

Action Item 5B: Napoleon will increase skills in house management, personal hygiene, budgeting, and other areas.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will provide transportation for Napoleon to attend Independent Living groups, where he will learn about meal prep, how to clean a house, how to open a bank account, general budgeting, and personal hygiene, among other things.

Action Item 5C: Napoleon would like to learn how to drive.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will assist Napoleon by paying for Driver's Education and ensuring he has the resources necessary to obtain his license.

Domain 6: Physical and Mental Health

Service Goal: Napoleon will address his physical and mental health needs.

Action Item 6A: Napoleon will attend counseling to address his past trauma, history of multiple caregivers, and his strained relationship with his Uncle Rico.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will refer Napoleon and his family to individual and family counseling. If Medicaid is unable to pay, the Department will provide funding to support this task.

Action Item 6B: Napoleon will work in improving his physical health, including eating a more balanced meal and not just tater tots and milk.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will refer Napoleon to educational opportunities to increase his knowledge of nutritional meals.

The Department will provide Napoleon with food vouchers that he can use in learning what to buy and the general cost of food.

Domain 7: Supportive Relationships and Community Connections

Service Goal: Napoleon will increase his supportive relationships and community connections.

Action Item 7A: Napoleon will attend IL groups at least twice monthly to meet new people and increase his support system. He will also attend at least one social gathering a month offered through the school.

- i. Youth Responsibility: Napoleon Dynamite
- ii. Departmental Responsibility: The Department will assist Napoleon in getting to IL groups and school activities. The Department will also research with Napoleon additional opportunities through the community, including church events, to build his support network.

SIGNATURES

Youth: _____

Date: _____

Social Worker: _____

Date: _____

Supervisor: _____

Date: _____